

SSC Tips to Help You Recommend the Best Exfoliator for Your Client

Product	Client Skin Reading/Observations	Features & Action	Client Experience & Application
Glycagel 15%	Skin appears lined, wrinkled, and tired appearance. The skin's texture will be rough with dead skin build up and pores are dilated and raised. Product and ingredients do not penetrate as they should, and skin is sluggish. OR Skin has lines, surface wrinkles, and rough skin texture. Client is prone to hormonal breakouts and milia. Skin shows signs of UV damage and PIH (Post inflammatory Hyperpigmentation) from past acne scars.	Gentle exfoliating gel that can be used on non-sensitive, normal, mature, oily, non-inflammatory acne, or impure skin. Gel-based AHA exfoliant. Encourages cell turnover by lifting old skin cells. Skin is renewed, smoothed, and refined.	Leave on exfoliant (or rinse off) absorbs quickly, leaving no residue. The client will feel it working as the skin begins to tingle and become warm. Skin will instantly feel smooth, look brighter and more even toned. Use 1 to 2 times daily, according to individual skin type or skin conditions. While using Glycagel, SPF of at least 30 is essential.
Enzyme Peeling Crème	Client knows they need to exfoliate, but has trouble choosing a product. Client loves products that are easy to use and can be adapted to their skin's unpredictable nature. They like the feel of a scrub, and something to use instead of a wash-cloth – or an electric facial brush.	Creamy consistency with light scents of grapefruit, lavender, and orange. Appropriate for all skin types. Exfoliates and digests dead skin cells that can clog pores. Essential oils help eliminate bacteria and refresh the skin .	The skin will experience a gentle polishing sensation. Skin will feel refined, smooth, and calm. Apply to cleansed skin in a gentle circular motion and without applying pressure. Rinse thoroughly with tepid water. Using a toner or moisturizer is recommended to protect new exposed fresh skin cells and to hydrate the skin. Can be used two to three times a week.
Pineapple Enzyme	Skin will appear pink or rosy. May look sensitized, dehydrated, or flaky. Not too sensitive to touch, but your instinct tells you a scrub or AHA may be too much.	Non-abrasive exfoliation using the combination of bromelain enzymes and the action of jojoba beads. The enzyme helps to remove excess surface cells, while the micro-spherical jojoba beads dissolve and nourish the skin. All skin types may benefit.	The client feels it working, does not feel greasy. The skin is left feeling smooth and fresh, looking refreshed and less lined. Overall complexion will be clear and rosy. Pores will appear smaller, even texture. After cleansing, apply a small amount to wet face and massage in circular motions. Rinse thoroughly, then follow with a moisturizer. Use once to twice weekly.
Pumpkin Enzyme	Skin may appear dull due to dead-skin build-up. It may have lines, surface wrinkles and be dehydrated. OR Skin is resistive, dull, sluggish, congested, and needs extra hydration, and stimulation. Skin is not overly sensitive. .	Gently exfoliates the skin to improve the appearance of fine lines, age spots, and rough skin. Minimizes pore size and other skin imperfections while stimulating the production of new and healthy skin cells. All skin types – except sensitive.	Client feels skin is stimulated, skin may tingle and feel warm. Apply over cleansed skin, avoiding eye area. Allow to remain on the skin for up to 10 minutes (for dry, mature, and sensitive skin), or up to 15 minutes (for oily and problem skin). Remove with warm water. Use once or twice weekly.